



INTERNATIONAL
DOULA LIFE
MOVEMENT

Overview

At IDLM, we prioritize thorough learning and equipping our students with the necessary skills to become professional doulas in their respective communities. Our program caters to those who wish to assist their loved ones or pursue a career as a doula, and we provide support not only during the course but also after. As a part of our doula community, you will forge meaningful connections and receive the assistance you require to be a successful doula in your community.

The live Death/End of Life Doula Specialist Certification program will walk you through what you need to know to become a doula from a practicing standpoint and introduce you to ways to run a business and get your first clients.

There will also be an opportunity for you to volunteer as an End-of-Life Doula in our Navigators Program upon graduation to gain practical experience. At IDLM, becoming a specialist as a Death/End-of-Life Doula involves training in various areas such as companion doula, contemplative doula, life-planning, and end-of-life.

We ask that you please purchase Barbara Karnes (1 or more if you like) End of Life Guideline Series books and Always Offer, Never Force book please visit www.bkbooks.com to purchase The Hospice Care Plan by Odonata Care by going to <https://www.thecareplan.net/shop> Before classes start. Before placing your order for the Hospice Care Plan, make sure to specify the company area and include your IDLM student information. Contact us at DoulaSupport@InternationalDoulaLifeMovement.com to receive a discount code.

Also Included:

All students receive access to our Signature Business 101 Program which includes 7 modules, workbooks, and 1:1 support. This is self-paced so that you can start anytime and we offer the program live several times throughout the year, which is FREE for you to attend—a \$400 Value.



- Live through Google Meets Graduation, and Certificates mailed out. (No digital certificate).
- Join Our Directory For FREE!
- Discounts on Future Education Programs.
- Continuing Support to our Graduates (1:1 if needed).
- Free monthly Grief Support.
- Free monthly Death Positive Talk.
- International Doula Life Movement Family Events.
- IDLM Book Society.
- Open office hours to receive to ask questions and receive support.

Free access to our student and graduate community platform.

Free to you!

- Access to our community platform.
- Member-driven support. You can connect with fellow students on a more intimate level.
- More safety. This is a private community and offers greater privacy than social media.
- More flexibility. You can access the platform via desktop or through an app!
- Monthly themes & weekly prompts. This will offer you ongoing growth and insight.
- Workshops & webinars. Continuing education nights, special events, and more became easier to keep track of and access replays!
- Free Resource Library.
- Free IDLM Doula Mentors Group. Have all the support you need to launch and support you as you run your doula practice.

Topics Covered:

- Doula 101, Code of Ethics/Scope of Practice of a Doula
- Inclusivity Practices LGBTQ+
- Contemplative Doula, Contemplative Exercise and Care for the Doula and Caregiver
- Getting in Touch with Your Own Mortality
- Holding End of Life/Death Discussions, End of Life/ Death Discussions Tools
- Introductions to Stages of End of Life, Stages of End of Life Care Part 2 & 3 This How People Die by Barbara Karnes



- Part 1 & This How People Die by Barbara Karnes
- Odonata Care: The Hospice Care Plan
- Doula Apprenticeship - Stages of End of Life Care
- Obituary and Eulogy/ Hospital and Vigil Planning/ Medical Aid & Dying
- Client Care, Safety, & Bedside Support
- Coping with Grief and Loss For Doulas
- Common Disease & Infection Control/PPE
- Pedi Hospice and Parents Loss
- Companion Doula/Communication/ Tele Doula
- Doulado & IDLM: Streamlining Your Doula Practice
- Doula Paperwork, Agreements, & Forms
- Doula Apprenticeship-Modules 10-14, IDLM Case Study Planning, Doula Apprenticeship Practice - Modules 16-28
- Home Wakes / Cremation/Funerals/Green Options Celebrations and Ceremonies
- Life Planning Doula/ EOL Paperwork/Planning
- A Doula's Guide to Personal Safety and Boundaries
- Caring for Clients and Their Pets at End of Life
- Making Memories, Legacy
- Religions/ Course Overview
- In-Class Case Study Presentations
- Presenting to your Community and Hospices
- I am a Doula Practitioner
- Free NEDA Prep & Free Business 101-7 Self-Pace Modules, with Workbooks.
- Students received updates for FREE.
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Call 973-782-1255 for more information or to speak
with a student registration specialist.