



Care CONNECTIONS

NEWSLETTER FOR THE KAREN ANN QUINLAN MEMORIAL FOUNDATION



Friends of Hospice Donate \$20,000

Friends of Karen Ann Quinlan Hospice, a philanthropic group who raise funds for patient care at the Hospice, donated a check for \$20,000 to the organization. Pictured are (from left): Mary Alice Hosking, Jodi Culmone, Christine Weiss, Jennifer Smith, Lisa O'Hara, President; Gail Burckes, Eileen Diehl, Elaine Woolf and accepting, Marlina Schetting, Chief Operating Officer at the Hospice. The Friends are accepting members and invite you to meet with them monthly on the 2nd Monday at 4 p.m. at the Karen Ann Quinlan Hospice administration building located at 99 Sparta Avenue in Newton.



Half-for-Hospice winner nets \$9,440

Maureen Lewis won \$9,440 in the Half-for-Hospice drawing that was held on Wednesday, December 8. Congratulations to Maureen and thank you for donating a portion of your winnings back to Karen Ann Quinlan Hospice! Proceeds benefit the programs and services at Karen Ann Quinlan Hospice. In the photo (from left) Marlina Schetting, Chief Operating Officer at Karen Ann Quinlan Hospice presents a check to the winners Maureen and Glenn Lewis of Sparta as John Quinlan, Director of Foundation looks on. Stay tuned for details on the 2022 Half-for-Hospice raffle.



Harmon store donates sanitizer

Helen Vellekamp (from left), store manager at Harmon's Face Value in Franklin along with store associates Val Kerwin and Linda Bazylevich display the featured product of the store's community sales campaign, UMP Hand Sanitizer. Karen Ann Quinlan Hospice was selected as the beneficiary of the campaign in which store associates asked guests to purchase a bottle to be donated to the Hospice. At the conclusion of the campaign Harmon's presented over 400 donated bottles of the sanitizer to Karen Ann Quinlan Hospice.



Poinsettia donation helps to spread holiday cheer

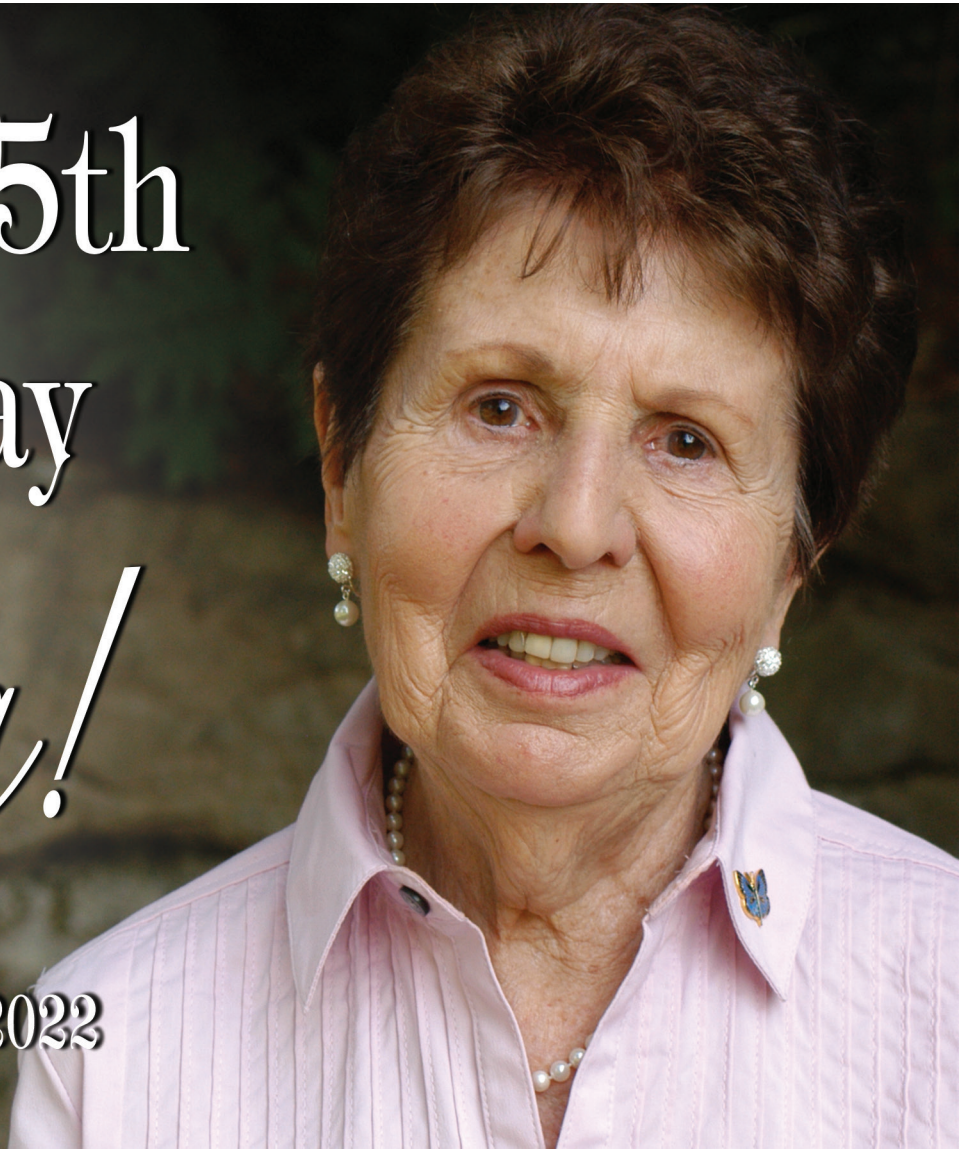
The holiday season for most of us is a joyous time; but for hospice patients and families it can be more challenging than usual. Joan and Larry Bono of Highland Lakes have donated fresh and colorful poinsettias to Karen Ann Quinlan Hospice for more than 18 years. It is their way to help brighten the hearts and minds of hospice patients and families during the holidays. The poinsettias are delivered by aides, nurses and volunteers to families on service.



Wayne Card Fundraiser and site tour

Wayne Card of "Wayne's World - Outdoor and Folk Art," in Wantage held a fundraiser in honor of his late wife Lorraine which raised nearly \$1,500 in donations to benefit Karen Ann Quinlan Hospice. During the fundraiser Wayne opened his art studio/gallery to the community for tours and accepted donations. Wayne has always enjoyed woodworking, but it wasn't until his retirement from JCP&L after 38 years as an electrical lineman, that his hobby flourished and expanded into the collection that exists today. You can see more of Wayne's work by visiting his website at: <https://waynecard.com>

Happy 95th Birthday *Julia!* FEBRUARY 23, 2022



Fundraiser planned to celebrate Julia's birthday and raise funds for those in need

HOW TO DONATE:

1. Go to:
facebook.com/KarenAnnQuinlanHospice.org/fundraisers
2. Click on the Fundraiser for
Julia Quinlan's Birthday
3. Make a Donation - No Fees are charged
and 100% of your donation goes to the
Julia Quinlan H4H Endowment Fund
4. Share with your friends on
Facebook by clicking the share link
5. The Facebook fundraiser will be active
from February 13 - Feb 28

You can also donate online at:
KarenAnnQuinlanHospice.org/endowment
or by calling 973-383-0115

Thank you!

On February 23, 2022 we will celebrate the 95th Birthday of our CEO and Co-Founder, Julia Duane Quinlan. Julia and her late husband Joseph founded the Karen Ann Quinlan Hospice in 1980. Julia is still an active member of both the Memorial and Charitable Boards of the organization.

On February 13, we will launch a Facebook Birthday Fundraiser in honor of Julia with all funds raised to directly benefit "The Julia Quinlan Home for Hospice Endowment Fund." The fund is being created to provide funds to cover under reimbursed and un-reimbursed care at the Home for Hospice. It was started with seed money of \$100,000 from Lakeland Bank which was matched by organizational and community funding.

"Our goal is to achieve an endow-

ment of one million dollars which will be permanently restricted to providing care at the Karen Ann Quinlan Home for Hospice," said John Quinlan, Director of Foundation.

"We intend to distribute this money at the rate of ten percent per year and replenish the fund through donations and fundraising events. The majority of the care provided will be respite care where a patient and family can be provided five days and four nights of hospice care as well as ambulance transfers to and from the Home whether they have Medicare or insurance coverage or not. We will also provide Haven care when necessary to patients and families who need the unique care provided at the Home but would not otherwise be able to afford it," said Quinlan.

Healthcare Decision Day important for everyone

NEWTON - National Healthcare Decisions Day is observed annually on April 16th and is aimed at increasing the number of Americans who have completed an advance directive "living will" in which they name the person who will make medical decisions for them in the event they are seriously ill and can't speak for themselves. Experts say only about 20-30% of Americans have completed an advance directive even though all people age 18 and older should have one.

"It's understandable that people would put off discussing the topic of serious illness and death, but it's essential to have this family conversation in advance," Marlina Schetting, Chief Operating Officer at Karen Ann Quinlan Hospice said. "It's a discussion that should take place in the living room, not in the hospital waiting room when it may be too late."

Lee Ellison said Karen Ann Quinlan Hospice will be featuring Aging with



Dignity's Five Wishes, America's most popular living will with nearly 30 million copies in national circulation. The 12-page document is easy to use and deals with personal, family and spiritual matters in addition to medical and legal concerns.

Five Wishes is also a valuable tool for beginning often difficult family discussions. It meets the legal requirements of New Jersey and Pennsylvania and 41 other states and is useful in those states that still require other forms and mandatory

notices.

"Five Wishes deals with the things people say matter most to them," Aging with Dignity President Paul Malley said. "It allows them to clearly state what kind of treatment they want or don't want so their families aren't left to guess or second-guess."

Five Wishes has changed the way we talk about advance care planning by ensuring that it is not just an end of life planning tool, but the beginning of an important family conversation.

On April 18th at 6:00 p.m. Karen Ann Quinlan Hospice will host an Advance Directive Workshop virtually via ZOOM. The workshop will cover how to use the "Five Wishes," guide, and how to start the conversation with your family. All participants will receive a copy of the Five Wishes workbook, a \$5 value. Call 973-383-0115 or register online at karenannquinlanhospice.org/advance.

Hospice maintains Level 5 "We Honor Veterans" status

Karen Ann Quinlan Hospice is a Level 5 - "We Honor Veterans" partner. Level 5 is the highest level achievable and Karen Ann Quinlan Hospice is the only hospice in the state of New Jersey to achieve this recognition. In order to retain the Level 5 designation the organization



Volunteers gather on Memorial Day weekend to place roses on the graves of those who served at the NJ Veterans Cemetery.

must achieve completion of a higher level of requirements on a yearly basis.

The goal of the program is simple - to care for and honor those who have served when

they reach the end of life.

By working through the partner levels and participating in community partnerships and collaborations Karen Ann Quinlan Hospice is able to educate, engage, and expand awareness to Veterans and their families.

The Hospice has held several community awareness and recognition programs and will continue to add to their roster of events including: Brown Bag Lunch for Veterans, Vet-to-Vet Cafe, Welcome Home Ceremonies, Veterans Pinning Celebrations and placing roses on Veterans' grave sites on Memorial Day.

For more information about the program and how you can get involved please call us at 973-383-0115.



Jacqui Gieske, Social Services Director, presents Jack Schetting with a "We Honor Veterans" certificate of recognition during a Pinning Ceremony, as Marlina Schetting, COO looks on.

Shoot for a Cause raises money for Hospice

Franklin Revolver & Rifle Association held a pistol match fundraiser with all match proceeds and donations from club members and attendees donated to Karen Ann Quinlan Hospice. Franklin R&R invited members of the hospice team to attend a future introduction to firearms class. This program will consist of classroom instruction on firearm safety and basic pistol shooting on the range, with a personal coach for each participant. These community service programs are made possible by grants received from the Friends of NRA. Shown accepting the check for \$860 on behalf of Karen Ann Quinlan Hospice are (from left) Marlina Schetting, Chief Operating Officer; John Quinlan, Director of Foundation; and Franklin Revolver & Rifle Association members Robert Uzzalino and Helen M. Swingle.



Memorial Board welcomes new members

Jeanne Kerwin

D.MH, HEC-C

Jeanne Kerwin is a Clinical Ethicist with national ASBH certification and experience in bedside ethics consultations, teaching, palliative care team building, EMS, and advance care planning. She has been Involved in policy development for acute care hospitals as well as State of New Jersey Governor's Council on End-of-Life care. As a consultant to several large health care systems in the US she has aided in building and improving bioethics committees and training bioethics consultants.

Kerwin is co-faculty for NJ Hospital Association annual Bioethics Committee Training and serves as adjunct faculty at Drew University for Medical Humanities. She offers specialty consultation services for the National Down Syndrome Society, and other affiliated organizations working with the intellectual and developmental disability groups and eating disorder treatment facilities and staff. She is a consultant and educator for Elder Law and Estate Planning attorneys on advance care planning process and documents. She

also serves as a member of the Ethics Consultation Service for the American Clinicians Academy on Medical Aid in Dying (AC-AMAID.org) as an ethics consultant.

Kerwin is author of the national award-winning documentary "Anna's Story." She is a national and local speaker and educator on structuring and developing ethics committees, training for consultants, I/DD advocacy, end-of-life care planning, palliative care and other related topics.



Paul J. Owens, MD

MD, MMM, FACC, FACP (Ret.)

After growing up in Massapequa, Long Island, I graduated from Holy Cross College and Georgetown University School of Medicine, and then entered the US Navy as a General Medical Officer. After initially studying Pediatrics, I ended up as an Invasive Cardiologist, and moved to Sussex County with Mary and our four children in 1994. After a short-lived career as a coach and Boy Scout leader, I became involved with Medical Staff leadership at Newton Memorial Hospital, and was able to witness and participate in its merger into Atlantic Health, ultimately becoming Chief Medical Officer at Newton and Hackettstown Medical Center.

Along the way, I became involved with SCARC Guardianship Services and served on the SCARC Guardianship board until July, 2021, when I retired and moved to Ocean Grove, NJ full-time

Since moving to Ocean Grove last year, when not enjoying the beach and time with family, I've started volunteering with the Parker Family Health Center In Redbank, St. Teresa of Calcutta Church in Bradley Beach and with the Shark River Sailing and Science Academy in Belmar. I very much look forward to being able to continue to be involved with the important work done by Karen Ann Quinlan Hospice.

Always onward...



It's hard to believe that we have been working our mission, providing care, fundraising, maintaining daily operations, and meanwhile, expending these efforts within the landscape of the Covid-19 Pandemic. I don't know about you, but the "news" of heading into "Year 3 of the pandemic" took me quite by storm. And...yes, speaking of storms, we've also handled our share of these, including weather emergencies; staff transitioning in and out of the agency, "phase 1 protocols," and let's not forget, "lock down," "crisis standards of care," shifting infection control and mask information and vaccination and testing mandates. Despite all these factors, or perhaps because of them, we have remained steadfast, indeed, resolute, in our provision of quality care for all whom may benefit. We may have pivoted, even hesitated at times, but we have always pushed onward. Always onward.

As we head into our 42nd year of operation as the Karen Ann Quinlan Hospice, I would like to reiterate what our Memorial Board Chair, Mary Ellen Quinlan, stated unequivocally at our recent staff holiday gathering, "The Karen Ann Quinlan Hospice has been an autonomous agency for over 40 years, and the Board is committed to having it remain so, for another 40 years."

This said, our agency has been continually evolving. Not only do we want to be the "agency of choice" for those who require our services, but also the "employer of choice" for those who work for us. Since the onset of the pandemic, the Karen Ann Quinlan Hospice has shown its

***We may have pivoted, even
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have always pushed onward.
Always onward.***

grit in persevering through the following commendable advances:

- Took care of over 1,600 patients in our tri-area region
- Made the commitment to not furlough any staff during the PHE
- Invested CARES funding in Covid related expenses, including technology, testing, and needed PPE supplies
- Conducted meetings, special events, and fundraising activities via virtual means, thereby minimizing agency disruptions and generating increased active and passive revenue streams for KAQ
- Built the foundation for the upcoming Palliative Care Program
- Restructured Bereavement Center Session payments and added another lucrative fundraiser
- Welcomed Human Resource, Facility, Clinical and IT talent into our team of staff
- Passed a PA Dept of Health State Survey and received licensure for 3 more years
- Had 2 successful agency audits without modified opinions
- Did PTAC upgrades to the Karen Ann Quinlan Home for Hospice to maximize comfort and minimize operational disruptions

These are but a few of the many accomplishments the management and staff can feel proud of as we look ahead into our new year – 2022. Amidst challenges, we have grown. We have 2 division licenses, 4 site locations, over 100 employees and the capacity to care for at least 100 patients and clients. This year I would like to say "thank you" for your dedication, fortitude and support. Please stay tuned as there are many positive and exciting opportunities on the horizon for us.

Governing Board

Julia Quinlan

CEO, Co-Founder

Mary Ellen Quinlan

Chairman

Honorable Paul W. Armstrong J.S.C. (Ret.)

Vice-Chairman

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Secretary

Kenneth Carter

George A. Green IV, Ph.D

Tammie Horsfield

Cynthia Jones, MD, FACS

Jeanne Kerwin, D.MH, HEC-C

Jamie LaCouture

Robert E. McCracken

Paul Owens, MD, MMM, FACC, FACP (Ret.)

Kevin T. Stroyan

Patricia A. Sweeney-Pawlyk

Edward M. Tirpack, DMD, MAGD

Trustees

Emeritus Trustee – Judith F. Wiegand

Honorary Trustee – Richard D. Pompelio, Esq.

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Robert Vandenberg, President, Secretary

Yanina Montau-Thatcher, Vice President

Steven Ysais, Treasurer

William Askin, Esq.

Richard R. Keiling, Esq.

Julia Quinlan

Mary Ellen Quinlan

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Nancy Curry

Mary Kay Nardone

Robert J. Romano, Jr., Esq.

Professional Advisory Committee

Mel Badway

Kerri Frank

Mary Ellen Quinlan

Jo Sacco Jr.

Medical Directors

Joseph Anthony Cirello, MD

Yogesh Viroja, MD

Key Personnel

Marlina Schetting, MSW, LCSW, CT

Chief Operating Officer

Nicole Rossi, RN, BSN, CHPN

Clinical Director

Robert Rosolanko, MSW, MBA, LSW

Director of Bereavement

John Quinlan

Director of Foundation

Lee Ellison

Director of Marketing

Michaella Czsimar

HR Manager

A WARM WELCOME TO...

Michaela Cszimar

HR Manager

I was born and raised in Poughkeepsie, NY. I graduated from Pace University in Pleasantville, NY with a Bachelor's in Business Management. In 2008, I married my longtime sweetheart and we bought a home in Milford, PA. In 2011, we welcomed our first son and in 2013 our second son. Soon after I started as the HR Manager for a Lowe's Home Improvement and fell in love with the role. After 4 years I secured a position at Kolmar Laboratories, a Cosmetic Manufacturer as an HR Business Partner where I was able to take on more responsibilities and grow as an HR Professional. While at Kolmar in 2020 we welcomed our third son. I started looking for a company with a mission that I could support. I was at a point in my life where I wanted to do more. I knew about Hospice as I had a family member decline during Covid and the only reason she was not alone during her last moments was because of an in-patient hospice facility. When I found Karen Ann Quinlan Hospice, I knew it was a special place and I am so grateful for the opportunity to support the people who are doing such important work as the HR Manager.



Ed Mulligan

Facilities Manager

I am the oldest of two boys. Throughout my childhood my parents bounced from job to job making it hard to keep a roof over our heads. Knowing how my parents struggled to pay the bills, I wanted to make sure my children didn't go through the same tribulations I had. I finished high school and had plans to go to college for electronic engineering, but life got in the way. By the age of 27 I was the father of three children and no career in sight. I became good friends with the owner of a cross-fit gym who allowed me to clean the gym in exchange of the fee. With a vending company job that was going nowhere he offered to help me get my boiler operating license. This allowed me to get a job at St. Francis, an independent senior living facility in Denville run by a group of nuns. In the 6 years that I worked there I advanced from per diem worker to full-time employee to maintenance supervisor. When St. Francis was sold I bounced around at two other companies, that just weren't a good fit. Then I found Karen Ann Quinlan Home for Hospice and knew this is where I needed to be.



Robert Rosolanko, MSW, MBA, LSW

Director of Bereavement

My name is Rob Rosolanko, I have my Master's in Social Work from the State University of New York at Binghamton, my Masters in Business Administration from Amberton University in Garland, TX and my undergraduate degree in marketing from California State University in Fullerton, CA. I have been in the counseling field since 2007, working in the fields of chemical dependency, mental health (ages ranging from children to older adults), and hospice. I moved into the hospice and bereavement fields in 2019 working short-term rehabilitation, long-term nursing care, and finally hospice social work before coming to the JIQBC in 2021. I decided to move into the grief therapy field, and specifically the JIQBC, because of the importance that participating in grief therapy allows individuals to have moving forward after any type of significant loss. I am currently living in Rockaway NJ, with my partner Lisa, her daughter Jessica, and our two dogs (Sadie and Gracie).



Nicole Rossi, RN, BSN, CHPN

Clinical Director

I am currently working on completing a MBA and MSN in Leadership Management. I have been a nurse since 2016, graduating and receiving degrees from Hudson County Community College, Christ Hospital School of Nursing and Grand Canyon University. I am a Registered Nurse, hold a BSN and am a Certified Hospice and Palliative Care Nurse. After working in a hospital first as a staff RN on an oncology unit and then a case manager for ICU, Oncology, and Telemetry, I saw first-hand the importance of hospice and how it improves quality of life for patients and their loved ones when they are approaching end of life. I realized my calling was providing comprehensive care for patients who are in their last weeks of life, as well as support for their caregivers and loved ones. I reside in Sussex County with my husband, we have no kids but lots of rescue animals.



CELEBRATING MILESTONE ANNIVERSARIES...



Lorri Opitz
Bereavement Counselor
25 Years



Mario Spadaro
Chaplain
20 Years



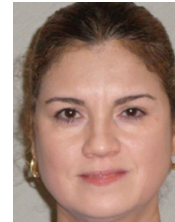
Sue Dougherty
Volunteer Coordinator
20 Years



Stephanie Bootsma
Social Worker
15 Years



Steve Downing
Registered Nurse
15 Years



Maritiza Cortez
CHHA
15 years



Mary Bezak
Billing Manager
15 years



Elizabeth Fitzpatrick
Nurse Practitioner
10 Years



Debra Tripi
CHHA
5 Years



Patricia Pelosi
Registered Nurse
5 Years



Lee Ellison
Director of Marketing
5 Years



Dawn Bump
Chaplain
5 Years



Jane O'Gorman
Nurse Liaison
5 Years



Eileen Hayes
Registered Nurse
5 Years

Karen Ann Quinlan Hospice.org

99 Sparta Avenue
Newton, NJ 07860



HOSPICE
Elite HONORS

If you wish to be taken off the Karen Ann Quinlan Hospice mailing list, please call 973-383-0115/800-882-1117.

COMING EVENTS!

Paper Shred Saturday, March 12
Paper Shred Saturday, April 9
Hospice Anniversary Friday, April 15
Five Wishes via ZOOM..... Monday, April 18
High Tea Thursday, May 19
Butterfly Release Celebration Sunday, June 12
Paper Shred Saturday, July 9
Hospice Honors, Perona Farms .. Thursday, July 14
Sussex County Fair..... August 5-13
Paper Shred Saturday, September 10

Wine and Cheese Sunday, September 11
Pet Memorial Sunday, September 11
Celebrate a Life 5K..... Saturday, September 24
Paper Shred Saturday, November 12
Lights of Life/Warren Tuesday, December 6
Lights of Life/Sussex ... Wednesday, December 7
Lights of Life/Pike..... Thursday, December 8
Lights of Life Virtual..... Wednesday, December 14
50/50 Drawing Wednesday, December 7



Schedule subject to change. Please visit our
website at KarenAnnQuinlanHospice.org for
complete events listings and updates.



GROUP SUPPORT SCHEDULE

Monthly:

Second Monday
Third Tuesday
Fourth Tuesday
First Wednesday

Location:

Sussex County via ZOOM
Warren County via ZOOM
Pike County via ZOOM
Sussex County via ZOOM

Time:

7:00 p.m. - 8:30 p.m.
10:00 a.m. - 11:30 a.m.
10:00 a.m. - 11:30 a.m.
12:30 p.m. - 2:00 p.m.

Please check our KarenAnnQuinlanHospice.org or call us direct at 973-948-2283 for
additional group times, meeting ID's and passwords or for more information.